

17		3.5 km		110 m	
▷		▲			
1	202	↗			
2	201	▒			○
3	192	▒			Q
4	190	▒			
5	156		∇		
6	163	▒			
7	161	∪			
8	160	↑	∇		
9	179		∪		○
10	177	≡			○
○		190 m		○	
Courses close 1630hrs					

20		5.1 km		155 m	
▷		▲			
1	202	↗			
2	201	▒			○
3	193	↗			○
4	192	▒			Q
5	144	≡	4.0		
6	148	○			○
7	154	≡			○
8	163	▒			
9	161	∪			
10	160	↑	∇		
11	179		∪		○
12	177	≡			○
○		190 m		○	
Courses close 1630hrs					

Course 18

Length 2.5 km, Climb 85 m

Start Path bend

- 188 Path/Wall crossing
- 187 Gate
- 186 Stream bend, SEmost
- 184 Wall, East side
- 203 Depression
- 181 Depression, SWmost
- 179 Middle depression, NE side
- 177 Marsh, NE edge

Navigate 190m to finish

Courses close 1630hrs

Course 19

Length 2.2 km, Climb 55 m

Start Path bend

- 189 Path junction
- 188 Path/Wall crossing
- 185 Path/Stream crossing
- 183 Gate
- 182 Track bend
- 180 Track/path junction
- 178 Path

Navigate 240m to finish.

Courses close 1630hrs