



presents

The Yorkshire Pudding

a weekend of urban orienteering

Saturday 1st and Sunday 2nd November 2008

FINAL DETAILS

www.aire.org.uk



General Information

Travel

We would like to encourage all competitors to travel to the Yorkshire Pudding events by public transport. The venues have been chosen specifically to facilitate this, and as an added incentive we are offering all competitors a £2 discount against their entry fee (£1 for juniors/students) on production of their bus/train ticket or travel pass.

West Yorkshire has an excellent public transport system with a range of DayRover and other ticket options. Visit www.wymetro.com/ for more details.

Classes

All three events will use the same classes, namely:

Men's Open	Women's' Open
Men's Veteran (40+)	Women's Veteran (40+)
Men's SuperVet (55+)	Women's SuperVet (55+)
Junior Men (14-18)	Junior Women (14-18)

There will also be a novice course for beginners at each event. Unfortunately, there will be no string courses.

Electronic Punching

SI Electronic Punching will be used at all three events. If you do not have your own SI card, one can be hired at the registration point at each event. You will be asked to return your hired card after each race – please do not keep hold of it even if you are competing in more than one event.

Maps

All maps will be printed on waterproof paper. They will not be in map bags

Control Descriptions Drinks

Control descriptions will be marked on the map, and loose ones will be available in the start lane should competitors want a copy.

There will be NO drinks provided at the finish at any of the races. Please bring your own or, at Leeds Uni and Skipton, there are shops and cafés very close to registration where refreshments can be purchased.

Prizes

There will be prizes for each Class winner for the overall weekend, except the novice courses. These will be presented at approximately 1:30pm on the Sunday afternoon at Assembly at the Skipton event. Points will be allocated similar to the Nopesport Urban League, ie. winner on each class gets 100 points, 2nd gets 99 points, etc.

Sponsor

Airienteers is very grateful for the generous sponsorship of prizes from Up&Running.



Safety

Orienteering is an adventure sport. Urban orienteering has its own risks unique to this form of the sport. The events take place on open courses, with pedestrians and vehicle traffic. Some courses will cross busy roads. For this reason, those courses are not suitable for younger children. All competitors MUST take care when approaching and crossing roads and turning blind corners. Please slow down and run wide!

Competitors enter the events at their own risk and are responsible for their own safety.

Dogs

Are welcome at the events, but are to be kept under close control on a lead at all times. Dogs should not be taken out on the course, and must not be taken inside any of the buildings that competitors may have access to during the weekend. Please also don't forget your poo bags!

Leeds University Chasing Sprint Races

Saturday 1st November 2008

Location

The University of Leeds Campus, north of Leeds city centre

Travel directions

Please come by public transport if possible. There is a £2 discount / refund off the entry fee (£1 for junior entries) for every competitor with a valid bus/train ticket or travel pass.



Bus stops to
Headingley
(Beckett Park)

Leeds Uni

Bus/coach station

Train station

Catch the free Citybus from the bus or rail station to Leeds Uni. Details at www.wymetro.com/NR/rdonlyres/F5A72E33-1DB5-415E-93FA-0CB69766D5A2/0/Free_Leeds.pdf.

Follow the tapes on the short walk from the Uni bus stop to the event assembly.

Car drivers follow the signs to Leeds University from the A58(M) inner ring road. There will be no orienteering directions signs.

Parking

There are various car parks and free on street parking around the university campus (see map: www.leeds.ac.uk/campus_map/map.pdf). There will be no organised car parking, but please obey any parking signs or restrictions. Beware permit holder only spaces!

Assembly / Registration

Assembly and registration will be inside the University Union building, which is number 32 on the campus map above, or if you prefer at grid ref: SE294346.

Registration will open at 10:30am to 11:45am.

Entry on the day fees:

£9 adults (non BOF members)

£7 adults (BOF members)

£4 juniors and students

Dibber hire is free

(Don't forget - £2/£1 off these prices on production of a valid train/bus ticket or travel pass!)

The enquiries point will be at the "Aireport". Help will be available there if you are new to orienteering and are not sure what to do. Bags can be left at Aireport while you run. Please keep all your belongings in a suitable bag – no loose clothing please!

Leeds University Union has toilets, shops and bars which competitors are welcome to use. Please remove muddy footwear before entering the building.

Competition format

The competition will comprise two races – a prologue and a final. Your race time in the prologue will determine your start time in the final. Those at the head of the field in each class will take part in a Chasing start in the final. Of the chasing starters, the first person to punch the finish control wins!

The novice class will not use the chasing start format.

Map

1:4000 to ISSOM 2007 standards

A new map, surveyed and drawn by Chris Burden in 2008

Each race will use a different map, which splits the university campus, although with some overlap.

Terrain

The University of Leeds campus provides an interesting and challenging mix of "hard surface" orienteering, with complex multi-level terrain with a range of urban layout and architecture dating from the late 19th Century all the way through to the present day. The longer courses will also venture into some adjacent parkland which will provide an interesting contrast to the trickier concrete forest!

Road-running footwear is recommended. Shoes with metal studs are NOT allowed.

Starts

Race 1: from 11am to 12pm

Courses close at 12:45pm

Race 2: from 2pm to 3pm

Courses close at 3:45pm

The start for both races is adjacent to the Union building where registration is. A punching start will be used, including for the Chasing starters.

Please obey the start officials instructions.

Courses

Course	Classes	Distance	Climb
Race 1			
1	Men's Open	2.8km	25m
2	Women's Open, M40+	2.5km	20m
3	M/W14-18, W40+, M/W55+	1.8km	15m
4	Novice	1.4km	5m
Race 2			
1	Men's Open	3.2km	55m
2	Women's Open, M40+	2.7km	35m
3	M/W14-18, W40+, M/W55+	2.0km	30m
4	Novice	1.3km	20m

Controls

Controls will be attached to immovable objects (railings, lampposts, etc). Control flags will be attached separately but next to each other. The control blocks will be secured with steel cables through the dibbing hole. The control number will be shown on the SI control block only. There will be no control stake with a number on it.

Finish

The finish is adjacent to the start / assembly area. You must punch at the finish.

Download

The download point will be in the University Union alongside Registration. You MUST report to download even if you do not complete your course. Failure to do so will cause the organisers a lot of extra work and hassle as we mount a search to look for you, only to find out that you're quite safe and have gone home!

Safety

Leeds University provides a great venue for urban orienteering, with lots of interest and excitement. However, please pay particular attention to the following hazards:

- there are some cobbled streets with uneven surfaces – take care underfoot
- At this time of year we are in the peak leaf fall season. Fallen leaves + rainfall + Yorkshire flag stones = VERY SLIPPERY SURFACE!

On the longer courses on Race 1 will cross a busy road. The road crossings have been planned so that, where possible, your route should take you along the road to be crossed, so that you can choose a safe time to cross without pausing too long. Please take care.

Please see also the general safety statement at the beginning of these Final Details

Officials

Planner: Ian Nixon – Airienteers
Controller: Chris Burden - Airienteers
Organiser: Martyn Broadest – Airienteers
Tel: 0113 2328982 before 9pm please

Acknowledgements

Many thanks to the staff at the University of Leeds and the Leeds University Union for their permission and assistance which has enabled this event to take place.

Leeds Metropolitan University Headingley Campus and Beckett Park Night Event

Saturday 1st November 2008

Location

Beckett Park, Headingley, north Leeds

Travel directions

Please come by public transport if possible. There is a £2 discount / refund off the entry fee (£1 for junior entries) for every competitor with a valid bus/train ticket or travel pass.



- Assembly
- Shaw Lane bus stop
- Route from station to assembly
- Headingley train station

There are plenty of buses that go from Leeds city centre and from outside the University of Leeds to Headingley.

Visit www.firstgroup.com/ukbus/yorkhumber/leeds/map/LeedsOverground.pdf for the bus map of Leeds – you want number 1 (the Brown line) or number 96 (the Sky line). Ask for the Shaw Lane stop. Navigate using the above map from the bus stop to assembly.

Alternatively, you can travel by train from Leeds to Headingley station, from where it is about a 1km hike to assembly. Navigate using the above map. Please follow the approved route.

Saturday trains from Leeds to Headingley

Leeds	d	1559	1629	1659	1713	1729	1759	1829	1929	2029	2120
Burley Park	d	1603	1633	1703	1717	1733	1803	1833	1933	2033	2124
Headingley	d	1606	1636	1706	1720	1736	1806	1836	1936	2036	2127

Saturday trains from Headingley to Leeds

Headingley	d	1609	1639	1709	1742	1754	1815	1843	1909	2009	2109
Burley Park	d	1611	1641	1711	1744	1757	1817	1845	1911	2011	2111
Leeds	a	1622	1652	1722	1755	1807	1828	1855	1922	2022	2122
Headingley	d	2301									
Burley Park	d	2304									
Leeds	a	2314									

For car drivers the event will be signed from the A660 Otley Road at grid ref SE279365.

Parking

Road side parking will be used on the residential streets adjacent to the park. Please park sensibly and as directed, and with respect for other users and residents.

Assembly / Registration

Assembly and registration will be in a tent on the edge of the park.

Registration will open at 6pm to 7pm.

Entry on the day fees:
£9 adults (non BOF members)
£7 adults (BOF members)
£4 juniors and students
Dibber hire is free
(Don't forget - £2/£1 off these prices on production of a valid train/bus ticket or travel pass!)

Bags can be left in the Registration tent while you run. Please keep all your belongings in a suitable bag – no loose clothing please!

There are no public toilets at Beckett Park. There are toilets at the university campus about 0.5km from registration. Please go before you come to the event.

This is a regular night event, which is part of the Yorkshire Night League.

Competition format Map

1:7,500 with 5m contours
Surveyed and drawn by Maurice Calvert in 2007

Terrain

Mixed parkland, woodland and university campus comprising mainly large well spaced Victorian buildings. Whilst the campus area is well lit by street lights, the parkland and woods most certainly are not. You will need a torch!

Regular orienteering footwear is recommended. Full leg cover is recommended.

Starts

Starts are between 6:15pm and 7:30pm

A punching start will be used

Courses

Course	Classes	Distance	Climb
Long	Men's/Women's Open, M40+	4.8km	85m
Medium	W40+, M/W55+	3.9km	55m
Short	M/W14-18	2.8km	30m
Intro	Novice	1.7km	25m

Those competitors in the YHOA Night League who wish to run out of class MUST contact the Organiser prior to the event to enable start lists to be amended. PLEASE do not leave it until the event.

Controls

Control flags will be hung from stakes on top of which the SI control block will be mounted. The stake and the control block will both show the control number.

Finish

The finish is adjacent to the start / assembly area. You must punch at the finish.

There will be free soup available for all competitors – with a donations tin in aid of the YHOA Junior Squad.

Courses Close Download

Courses close at 9pm

The download point will be in the same tent as Registration You MUST report to download even if you do not complete your course. Failure to do so will cause the organisers a lot of extra work and hassle as we mount a search to look for you, only to find out that you're quite safe and have gone home!

Safety

Beckett Park and the University campus should be fairly quiet on Saturday night, but please bear in mind the campus is accessible by vehicles, and therefore beware of cars as you are running around it.

Please see also the general safety statement at the beginning of these Final Details

Officials

Planner: Steve Watkins – Airienteers
Controller: Allen Banister – Claro

Organiser: Martyn Broadest – Airmiteers
 Tel. 0113 2328982 before 9pm please

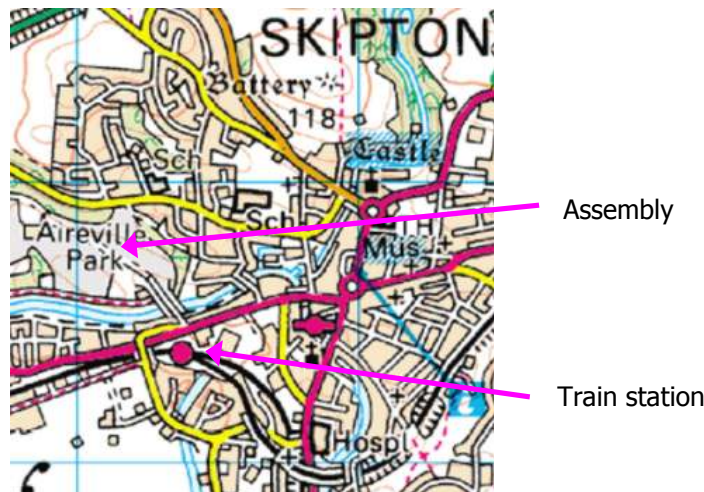
Acknowledgements Many thanks to the staff at Leeds Metropolitan University and Leeds City Council for their permission and assistance which has enabled this event to take place.

Skipton Town Centre Park Race

Saturday 1st November 2008

Location The event will take place around the streets, ginnels and canals of Skipton, North Yorkshire – known as the Gateway to the Dales. The event centre will be in Aireville Park, to the north west of the town centre, grid ref SD979518.

Travel directions Please come by public transport if possible. Skipton train station is a very short walk from Aireville Park where the start and finish will be. There is a £2 discount / refund off the entry fee (£1 for junior entries) for every competitor with a valid bus/train ticket or travel pass.



There are regular trains on Sunday morning from Leeds and Bradford:

Sunday trains from Leeds and Bradford to Skipton

Skipton	d	1359	1415	1515	1537	1557	16q06	1615	1715	1737	1815
Cononley	d		1419	1519	1541			1619	1719	1741	1819
Steeon & Silsden	d		1423	1523	1545			1623	1723	1745	1823
Keighley	d	1409	1428	1528	1550	1607	16q16	1628	1728	1750	1828
Crossflatts	d		1431	1531	1553			1631	1731	1753	1831
Bingley	d	1414	1434	1534	1556	1611	16q21	1634	1734	1756	1834
Saltaire	d		1437	1537	1559			1637	1737	1759	1837
Shipley	d	1419	1440	1540	1602	1616	16q27	1640	1740	1802	1840
Frizinghall	d		14z48	15z48	1606			16z48	17z51	1806	18z48
Bradford Forster Square	a		14z54	15z54	1612			16z55	17z58	1812	18z54
Leeds	a	1439	1454	1554	16z22	1634	16q45	1654	1754	18z23	1854

Sunday trains from Skipton to Leeds and Bradford

Leeds	d	0840	0900	1008	10z34	1054	1108	1208	12z34	1308	1315
Bradford Forster Square	d		09z02	10z02	1048		11z02	12z02	1248	13z02	13z02
Frizinghall	d		09z05	10z05	1051		11z05	12z05	1251	13z05	13z05
Shipley	d	0853	0914	1020	1055	1107	1120	1220	1255	1320	1329
Saltaire	d	0855	0916	1022	1057		1122	1222	1257	1322	
Bingley	d	0859	0920	1026	1101	1112	1126	1226	1301	1326	1334
Crossflatts	d	0901	0922	1028	1103		1128	1228	1303	1328	
Keighley	d	0906	0928	1032	1108	1117	1132	1232	1308	1332	1339
Steeon & Silsden	d	0911	0932	1036	1112		1136	1236	1312	1336	
Cononley	d	0916	0937	1040	1116		1140	1240	1316	1340	
Skipton	a	0923	0944	1048	1123	1130	1148	1248	1323	1348	1353

Please note: The West Yorkshire DayRover travel card will not get you all the way to Skipton (because it's in North Yorkshire). You can either get a return from Leeds to Skipton, or get a Dayrover and a return from Steeton & Silsden to Skipton, which may work out cheaper. If you go for the latter, you must buy both tickets at the station before

you board the train.

From the train station, walk across the car park, cross the main road at the pedestrian crossing, and then take the road to your left up the hill, across the canal on a swing bridge and into the park. Follow the tapes to assembly.

For car drivers the event will be signed from the A65 roundabout west of Skipton at grid ref SD973523

Parking

Parking is at Aireville School and will be signposted from the Gargrave Road. Please park tidily and as directed. Overflow parking will be along Gargrave Road. Please do NOT park in the swimming pool car park.

Assembly / Registration

Registration will open at 10:00am to 12:00pm.

Entry on the day fees:

£9 adults (non BOF members)

£7 adults (BOF members)

£4 juniors and students

Dibber hire is free

(Don't forget - £2/£1 off these prices on production of a valid train/bus ticket or travel pass!)

The enquiries point will be at the "Aireport". Help will be available there if you are new to orienteering and are not sure what to do. Bags can be left at Aireport while you run. Please keep all your belongings in a suitable bag – no loose clothing please!

Craven Swimming Pool which is adjacent to registration has toilets, and a cafe which competitors are welcome to use. Please remove muddy footwear before entering the building.

Competition format Map

The competition comprises a cross-country race through urban terrain

1:5000 to ISSOM 2007 standards

A new map, surveyed and drawn by Chris Burden in 2008

Terrain

Mixture of streets, ginnels (Yorkshire for alleyways), canal tow paths, and parkland.

Road-running footwear is recommended. Shoes with metal studs are NOT allowed.

Starts

Starts are between 10:30am -12:30pm

A punching start will be used

Courses

Course	Classes	Distance	Climb
1	Men's Open	7.1km	125m
2	Women's Open, M40+	5.9km	110m
3	W40+, M55+	4.5km	75m
4	M/W14-18, W55+	4,1km	60m
5	Novice	1.6km	40m

Controls

Controls will be attached to immovable objects (railings, lampposts, etc). Control flags will be attached separately but next to each other. The control blocks will be secured with steel cables through the dibbing hole. The control number will be shown on the SI control block only. There will be no control stake with a number on it.

Finish

The finish is adjacent to the start / assembly area. You must punch at the finish.

Courses Close Download

Courses close at 2:30pm

The download point will be in the same tent as Registration You MUST report to download even if you do not complete your course. Failure to do so will cause the organisers a lot of

extra work and hassle as we mount a search to look for you, only to find out that you're quite safe and have gone home!

Safety

This event takes place around Skipton Town Centre. Parts of the town can be very busy with pedestrians and road traffic, and competitors will come into contact with both during their runs.

Please be cautious when crossing roads and turning blind corners or exiting alleyways. Take corners wide and slow down.

Road crossings have been planned so that, where possible, your route should take you along the road to be crossed, so that you can choose a safe time to cross without pausing too long. Please take care

Please see also the general safety statement at the beginning of these Final Details

Officials

Planner: Nick Jones – Airmiteers
Controller: Steve Watkins - Airmiteers
Organiser: Martyn Broadest – Airmiteers
Tel: 0113 2328982 before 9pm please

Acknowledgements

Many thanks to the staff at Craven Council, Craven Swimming Pool. Aireville School, Craven College and Ermysteds Grammar School for their permission and assistance which has enabled this event to take place.

And as a prologue to the Yorkshire Pudding weekend...
join us – if you dare – at the

VAMPIRE-O

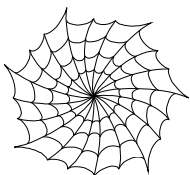
A fun orienteering event for all the family

ON HALLOWEEN, FRIDAY 31ST OCTOBER '08

IN MIDDLETON WOODS, ILKLEY



- Parking at Ilkley Swimming Pool - Grid.Ref SE119484
- Assemble at 18.30 ready for a 19.00 mass start
- A simple 45' score event with a twist - Full instructions on the night
- Bring torches/headlights, wellies/boots/running-shoes, warm coats, whistle, compass and a watch. *Oh, and a mobile phone if you think you'll need it!*
- Go solo, as a pair or in a group
- Fancy dress prizes and spot prizes!!!
- Please call or e-mail to say how many maps you require - £2 per map
- Florence and Peter Haines 01943 607725 hainesilkleyATNOSPAMyahoo.co.uk



**HAPPY
HALLOWEEN**

